**DEFINITIONS**

**Isolation**
Separates those who have tested positive for COVID-19—or those who are symptomatic and are awaiting test results—from those who are not sick.

**Quarantine**
Restricts the movement of asymptomatic people who were exposed to COVID-19 to observe for development of symptoms and to minimize exposure to those who are not sick.

Fully vaccinated students who were exposed do not need to quarantine. They must monitor for symptoms and strictly adhere to COVID-19 precautions for 14 days from their last exposure. It is recommended that you get tested 5-7 days after exposure.

*Option for shortened quarantine:* If the student receives a negative viral test result from on or after Day 5 from the date of last exposure to the case, quarantine duration can be shortened to 7 full days from their last exposure. Activities may resume starting on Day 8. Continue to monitor symptoms for the full 14 days.

**SELF IDENTIFIED:** Student has been diagnosed with COVID-19 or has been in contact with someone that has tested positive, suspected or known exposure to the infectious disease.

**INFORMED BY CONTACT TRACER:** A contact tracer will reach out to the student if they tested positive or if there was exposure.

**STEP 1**
Student calls Exposure Management Team at (310) 206-6217. If after hours, students will be instructed per the voicemail to call the Housing Isolation & Quarantine Team at (310) 825-5451. If after hours, after calling Housing IQ Team, please jump to step 5.

**STEP 2**
Exposure Management Team speaks with student for case investigation or contact tracing.

**STEP 3**
If isolation or quarantine is needed, Exposure Management Team will call Housing IQ Team for isolation or quarantine coordination.

**STEP 4**
Instructions will be provided to student about isolation or quarantine protocol. Student will meet Housing IQ Team at determined isolation or quarantine location.

Isolation typically lasts 10 days. Quarantine typically lasts 10 days unless student follows testing guidance for shortened quarantine*. Exposure Management Team will provide student with their specific isolation or quarantine dates.

**STEP 5**
Once released by Exposure Management Team, student returns to place of residence and resumes regular activities. Monitor for symptoms as directed.

**IMPORTANT NUMBERS**

- Exposure Management Team/Ashe COVID Hotline (310) 206-6217
- Housing Isolation & Quarantine Team (Housing IQ Team) (310) 825-5451
- UCLA Guest House (310) 825-2923
- Housing Dispatch (310) 206-9633

**WHILE IN ISOLATION OR QUARANTINE**

- Student should bring belongings enough for 14-days (tech, medicine, clothing).
- 3 meals per day will be delivered by UCLA Dining to student room.
- No visitors are allowed while in isolation or quarantine.
- Student may ONLY leave room for a medical appointment or in an emergency (fire alarm, etc.) **
- Student must wear a mask when leaving room during an emergency.
- Exposure Management Team will follow-up with student to check on symptoms.

For important updates about COVID 19 and its impact at UCLA, please visit covid-19.ucla.edu