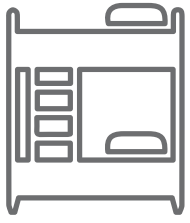


# ISOLATION & QUARANTINE PROCEDURE



**SELF IDENTIFIED:** Student has been diagnosed with COVID-19 or has been in contact with someone that has tested positive, suspected or known exposure to the infectious disease.

**INFORMED BY CONTACT TRACER:** A contact tracer will reach out to the student if they tested positive or if there was exposure.

## STEP 1

Student calls Exposure Management Team at (310) 206-6217.

## STEP 2

Exposure Management Team speaks with student for case investigation or contact tracing.

## STEP 3

If isolation or quarantine is needed Exposure Management Team will request student remain in their place of residence, in a private room with a private bathroom.

If student is unable to effectively isolation or quarantine in their housing unit, they may request housing from UCLA, which will be provided if inventory is available.

## STEP 4

Instructions will be provided to student about isolation or quarantine protocol. Student will meet Housing IQ Team at determined isolation or quarantine location.

Isolation typically lasts 10 days. Quarantine typically lasts 10 days unless student follows testing guidance for shortened quarantine\*. Exposure Management Team will provide student with their specific isolation or quarantine dates.

## STEP 5

Once released by Exposure Management Team, student returns to place of residence and resumes regular activities. Monitor for symptoms as directed.

## DEFINITIONS

### Isolation

*Separates those who have tested positive for COVID-19—or those who are symptomatic and are awaiting test results—from those who are not sick.*

### Quarantine

*Restricts the movement of asymptomatic people who were exposed to COVID-19 to observe for development of symptoms and to minimize exposure to those who are not sick.*

**Fully vaccinated students who were exposed do not need to quarantine.** They must monitor for symptoms and strictly adhere to COVID-19 precautions for 14 days from their last exposure. It is recommended that you get tested 5-7 days after exposure.

**\*Option for shortened quarantine:** If the student receives a negative viral test result from on or after Day 5 from the date of last exposure to the case, quarantine duration can be shortened to 7 full days from their last exposure. Activities may resume starting on Day 8. Continue to monitor symptoms for the full 14 days.

## IMPORTANT NUMBERS

Exposure Management Team/Ashe COVID Hotline  
**(310) 206-6217**

## WHILE IN ISOLATION OR QUARANTINE



Student should bring belongings enough for 14-days (tech, medicine, clothing).



Arrange for meals to be delivered only. If staying with UCLA Housing, meals will be arranged by Dining.



No visitors are allowed while in isolation or quarantine.



Student may **ONLY** leave their room for a medical appointment or in an emergency (fire alarm, etc.) \*\*

Student must wear a mask when leaving for an emergency.



Exposure Management Team will follow-up with student to check on symptoms.